



# Create One Plan



A step by step process  
to the future you want.

# Create One Plan - Step by Step

Create one plan that encompasses and integrates every area of your life.

Watch the Create One Plan video, then follow this step by step process to begin building the future you want.

## 1) Create a snapshot of your Vocational DNA.

Make a list of all your signature traits. List your defining values and beliefs, your personality traits and behaviors, even your strengths and passions. Now, expand the list to include things you've already achieved, your significant experiences, and educational background.

## 2) Capture the vision of who you want to become.

Write a BECOME statement that describes who you want to become and a no-nonsense description of what you do - your mission. Now, use the same framework as before to list the defining attributes of character and accomplishments that would be true of the future you.

## 3) Assess the gaps.

Use the Vision to Action forms to examine who you are today, who you want to be, and what needs to change - overall, and specifically in each of the seven areas of your life. In each area list the actions that you will:





- - Start doing
- - Stop doing
- - Keep doing

## 4) Convert Vision to Action.

Select two or three key actions that will make the most impact toward creating the future you want. Commit yourself to these actions. Consider sharing your plan and actions with a trusted partner for accountability.

## 5) Rinse and repeat.

Regularly review your and adjust your plans and next step actions to stay on course.

 <p>HOME LIFE</p>	 <p>CAREER</p>	 <p>TEAM</p>	 <p>ORGANIZATION</p>
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## Character / Nature

Values - Beliefs

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Behaviors - Personality

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Strengths - Skills

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Passions - Dreams

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## Accomplishments

Achievements - Education - Experience

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# My Vision - Who I Am Becoming



**My Vision: Who I Am BECOMING**

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**My Mission: What I DO**

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## Character / Nature

**Values - Beliefs**

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**Behaviors - Personality**

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**Strengths - Skills**

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**Passions - Dreams**

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## Accomplishments

**Achievements - Education - Experience**

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## GENERAL - Across any or all areas.

Who I Am Today

Who I Am Becoming

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Actions I will:    ✓ - start doing            X - stop doing            O - keep doing

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## VOCATION

Who I Am Today

Who I Am Becoming

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Actions I will:    ✓ - start doing            X - stop doing            O - keep doing

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# From Vision to Action - Relationships



## FAITH

Who I Am Today

Who I Am Becoming

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Actions I will:    ✓ - start doing            X - stop doing            O - keep doing

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## FAMILY

Who I Am Today

Who I Am Becoming

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Actions I will:    ✓ - start doing            X - stop doing            O - keep doing

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## FRIENDS

Who I Am Today

Who I Am Becoming

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Actions I will:    ✓ - start doing            X - stop doing            O - keep doing

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## FINANCES

Who I Am Today

Who I Am Becoming

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Actions I will:    ✓ - start doing            X - stop doing            O - keep doing

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## FUN

Who I Am Today

Who I Am Becoming

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Actions I will:    ✓ - start doing            X - stop doing            O - keep doing

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## FITNESS

Who I Am Today

Who I Am Becoming

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Actions I will:    ✓ - start doing            X - stop doing            O - keep doing

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